

NiBUCAA HOLDS 2014 ROUND-TABLE MEETING



NiBUCAA members with staff at the 2014 Round-table Meeting

the immediate past Corporate Relations Manager of Unilever Nigeria PLC. The topic dwelt on how the functions of the Human Resources departments of various organizations can impact positively on the wellbeing of employees.

The third topic was delivered by Dr. Layi Ogunjobi of MTN Nigeria Communications Limited and he spoke on the Roles and functions of HMOs in Healthcare delivery services. Dr. Layi Ogunjobi took time to explain the changing roles and expectations for HMOs and called on individual companies to harness the opportunities and benefits presented by the HMOs in health care delivery.

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As part of activities to ensure constant exchange of ideas and interaction between NiBUCAA and its member-companies, she held her Round-table meeting with stakeholders on December 4, 2014 at the prestigious Pearl Garden Chinese Restaurant in Victoria Island, Lagos.

Member companies represented at the event include Access Bank PLC, Chevron Nigeria Limited, Dangote Industries Limited, Diamond Bank PLC, Guinness Nigeria PLC, Lafarge Cement WAPCO Nigeria PLC, MTN Nigeria Communications Limited, Nigerian Breweries PLC, Orient Newspapers, Total E & P Nigeria Limited, Total Nigeria PLC, UBA Metropolitan Life Insurance Limited and non member companies in attendance are First Aluminium Nigeria PLC and Nigerite Limited.

Speaking at the occasion, the Acting Executive Secretary of NiBUCAA Mr. Gbenga Alabi welcomed members to

the Roundtable meeting and used the opportunity to present NiBUCAA scorecard. In his presentation titled the NiBUCAA: Journey So Far, Mr. Alabi reeled out the activities NiBUCAA has carried out in the recent past in the fight against HIV and AIDS in work places through organizing trainings and sensitization workshops in several organizations that are members of NiBUCAA.

Three key topics which centered on the theme of the meeting "Employee Wellbeing in Workplaces" were delivered by eminent professionals. The first in the series delivered by Mrs. Ayodele Iroko, Chief of Party, Strengthening Health Outcomes through the Private Sector(SHOPS) was titled "Emerging Development on Integration of Healthcare Service: The Workplace Experience. This was followed by a talk on "The Role of Human Resources Departments in Employee "wellness" and was facilitated by Mr. Yemi Adeboye

NiBUCAA

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The Special Rapporteur for the Roundtable meeting, Dr. Olubunmi Asa of UNAIDS wrapped up the lecture session by poignantly summarising the three topics and also anchored the Question and Answer session.

In their reactions several members present at the meeting extolled the

efforts NiBUCAA has made in ensuring that employees remain healthy in workplaces which in the long run will translate to a healthy family.

In his closing remarks Mr. Gbenga Alabi, the Acting Executive Secretary who stood in for the Executive Committee Chairman Dr. Edwin Bako, Group

General Manager, Medical of NNPC, thanked everyone who made out time to attend the Roundtable meeting. He informed the august gathering that the Executive Committee Chairman Dr. Edwin Bako was incidentally attending another meeting that was relevant to NiBUCAA and was therefore unable to attend the Roundtable meeting.



Zainab Lawal Gwamna of Dangote Industries Limited asking a question at the 2014 Round-table Meeting



NiBUCAA staff with speakers at 2014 Round-table Meeting

NiBUCAA Members mark 2014 World AIDS Day (WAD)



Cross Section of UBA Metropolitan Insurance staff at the sensitization programme

Nigerian Business Coalition Against AIDS, NiBUCAA and its member companies joined the rest of the world to commemorate 2014 World AIDS Day in Nigeria in the month of December 2014.

This is a day set aside all over the world to create more awareness on HIV & AIDS and also to remember all those that have died from AIDS related illnesses. Member companies of NiBUCAA in Lagos however choose different dates in the month of December to mark the event with sensitization on the menace of HIV & AIDS pandemic and offered free HIV & AIDS Counselling and Testing (HCT) to staff and customers of the organisations. Standard Chartered Bank marked the World AIDS day on 1st and 2nd December, 2014 while Guinness Nig. PLC and Dangote Sugar refinery PLC took their turns on December 3, 2014. Nestle Foods Plc, Lafarge Cement WAPCO Nigeria Plc marked the day on December 4th and 5th 2014 respectively while UBA Metropolitan held its World AIDS day on December 12th 2014. In addition to HCT, other health checks and blood screening exercises like Blood Pressure, Malaria Parasite, Hepatitis 'C' and Hepatitis 'B' Surface Antigen (HBsAg) were also conducted in some of the companies as an add-on to the event while Information Education Communication (IEC) materials and condoms were also distributed to

members of staff and customers of the member companies.

The following activities took place in the different NiBUCAA member companies that observed the World AIDS Day.

1. **STANDARD CHARTERED BANK -:** The Mobile Team provided free HCT to the Staff and customers of this organisation using the Van as the counselling and testing room. The activity lasted for two days, IEC materials, Condoms and Red Ribbons were distributed to staff and customers of the bank.

NiBUCAA staff, Ogbonne Mecha and Adeola Shitu engaged staff and customers of the bank one on one to provide information on basic facts on HIV. 100 persons made up of 86 males and 14 Females within the

age range of 20 to 61 years were tested. The result showed that all the persons tested were HIV Negative.

2. **GUINNESS NIGERIA. PLC -:** NiBUCAA provided free HCT in the three offices of Guinness Nigeria PLC (Head Office, Ikeja Office and Ogba office) to commemorate the World AIDS day. A tester was in each of the locations. The mobile Van as well as their clinics was used for the screening, IEC materials, condoms and Red Ribbons were also distributed. Ogbonne Mecha of NiBUCAA sensitized staff one on one while they waited to be tested. The testers are: Ikpeama Mercy, Oguchi Salome and Ibadapo Olubunmi.

Below are the data from Guinness:

- A. Head Office : Counselling and Tested -19 Persons (6 males and 13 females); Age Range: 29 - 51years
- B. Ikeja Office: Counselling and Tested - 18 Persons (7 males and 11); All Negative, Age Range: 21 - 44years
- C. Ogba office: Counselling and Tested - 28 Persons (13 males and 15 females); Age Range: 18 - 59years
Total: Counselling and Tested - 65 Persons (26 males and 39 females); Age Range: 18 - 59years

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Ogbonne Mecha at Lafarge Cement WAPCO Nigeria PLC NKB Office, Oregun

3. **DANGOTE SUGAR REFINERY PLC -:** The activity data generated are as follows:
As part of activities to mark the World AIDS day, NiBUCAA sensitized Dangote Sugar staff and offered Free HCT and Malaria Test at the Apapa office for their workers and the turnout was encouraging.

The Data generated are:

HCT - 84 Persons (72 males and 12 females); Age Range: 18 - 62years.
MP - 84 Persons (72 males and 12 females).

4. **NESTLE NIGERIA PLC -:** NiBUCAA also provided free HCT in all the four locations of Nestlé Nigeria Plc: Head Office Ilupeju, Sango - Ota Factory, Agbara Factory and Sagamu. Eleven volunteers carried out the testing exercise. The company provided Hepatitis 'B' & 'C' screening kit to be used at the head office, thus Hepatitis 'B' & 'C' screening was conducted at the head office as an add-on to the HCT activity.

- A. Head Office: Counselling and Testing were conducted on 46 Persons (21 males, and 25 females) within the age range of 19-56 years.
 - B. Hepatitis 'B': 72 Persons (41 males and 31 females); 3 Positive (2 males and 1 female)
Hepatitis 'C': 72 Persons (41 males and 31 females).
 - C. Ota Factory: CT - 55 Persons (50 males and 5 females); Age Range: 25 - 54years
 - D. Agbara Factory: CT - 103 Persons (95 males and 8 females); Age Range: 21 - 54years
 - E. Sagamu Factory: CT - 46 Persons (30 males and 16 females); Age Range: 22 - 53years
Total: CT- 250 Persons (196 males and 54 females); Age Range: 21 - 54years
5. **Lafarge Cement WAPCO Nigeria PLC-:**
Lafarge joined the rest of the world in celebrating World AIDS Day on December 5, 2014. NiBUCAA staff: Ogbonne Mecha and Adeola

Shitu were on ground to sensitize staff at her NKB office, Oregun on Basic facts on HIV and AIDS and Sexually Transmitted Infections (STIs). Question and answer session followed after wards. A total of 22 people (10 males and 12 females) were in attendance.

6. **UBA METROPOLITAN-:** At UBA Metropolitan, NiBUCAA provided testing services and sensitization on December 12, 2014 and also chose to deviate a little from HIV focus as Acting Executive Secretary of NiBUCAA Mr. Gbenga Alabi sensitized staff and customers on Non Communicable Diseases (NCDs). He outlined the Silent Killer Diseases namely High Blood Pressure, Cancer, Diabetes and noted that its toll on human life was even more than the HIV & AIDS pandemic. He also made clarifications on some question that were asked after the presentation. Ogbonne Mecha, NiBUCAA Programme Officer was also present at the event. A total of 40 people made up of 22 males and 18 females attended the sensitization. The volunteer testers provided free check on Blood Pressure (BP) and Malaria Parasite (MP) screening.

Data showing the total number of people tested for various ailments are shown below.

Malaria Parasite (MP): 56 Persons (37males and 19 females); Positive (Male - 2) Age Range: 22 - 53years
Blood Pressure (BP): 56 Persons (37 males and 19 females); High Blood Pressure (High BP) 13 Persons (12 males and 1 female)



Summary of HCT Data:

COMPANY	CT	M	F	POSITIVE	AGE RANGE
Standard Chartered Bank	100	86	14	0	20 - 61 years
Guinness Nigeria PLC	65	26	39	0	18 - 59 years
Dangote Sugar	84	72	12	0	18 - 62 years
Nestlé Nigeria PLC	250	196	54	0	21 - 54 years
TOTAL	499	380	119	0	

2014 Total Drive - On Project in Rivers and Cross River States

The 8th phase of the Total Group in Nigeria Community HIV, Tuberculosis and Malaria, ATM preventive education (Drive On) projects held in Cross River and Rivers States respectively. The project followed the same pattern and sequence starting with training, HIV testing and counselling as well as the donation of hi-tech laboratory equipment to select hospitals by the Total Group in Nigeria in the states of implementation.

The project which was held separately in the two states, with technical assistance from Nigerian Business Coalition Against AIDS, (NiBUCAA) involved Peer Education training for a total of 52 persons including, customer attendants, Mr Service and Drive Way Supervisors drawn from 17 Total service stations, voluntary HIV testing and counselling for a total of 3373 persons and the presentation of Laboratory Equipment

to General Hospital, Omoku in River State and Ikang Primary Health Center in Bakasi, Cross River State by the Total Group in Nigeria.

At the end of the project, participants were equipped with basic skills and information to conduct discussions on HIV & AIDS, Tuberculosis and Malaria, ATM with their peers and colleagues in their work spaces.



Mr Albert Mabuyaku, Corporate Affairs Manager, Total Nigeria giving welcome address at the Launch



Dr. Francis Nazaagi of RIVSACA at Total PE training in Port Harcourt



A Client waiting to be tested



Testing point in NiBUCAA's mobile truck at the Launch

NiBUCAA Conduct a one day Condom training for Julius Berger Nigeria PLC Staff

To further encourage and promote safer sex, NiBUCAA had one day training for Julius Berger Nigeria PLC Staff on Condom negotiation and usage. The training was conducted by the duo of Mr. Gbenga Alabi and Mrs. Ogonne Mecha (Acting Executive Secretary of NiBUCAA and Programme Officer). The training was held on December 13, 2014 and it had thirty eight (38) participants (Male -34, Female -4) in attendance. Mr. Alabi gave a pep talk to the participants before Mrs. Mecha took over. She

took the participants through the basics

of male and female condom use and storage. The high point was condom demonstration.



Some staff of JBN PLC at Condom Demonstration Session

Questions and answer session was also part of the training. At the end, participants thanked the organizer of the training Miss Suszan Obi of Public Affairs Department (JBN) and NiBUCAA for the technical expertise at the training. The participants stated that they look forward to more of such trainings in future. Condoms (male and female) were distributed to participants.

Did You Know? HIV Prevention: The Way Out

For a proper understanding of the ways of preventing HIV infection, it would be necessary to acquaint us with some basic knowledge of HIV and its transmission methods. HIV is transmitted when the Human Immunodeficiency Virus is passed from one person to another.

There are three basic ways of contracting HIV known to medical science at the moment. It can be transmitted via sexual intercourse when people engage in sex without condom popularly called unprotected sex. It is also transmitted through blood transfusion with used needles and use of unscreened blood and lastly through Mother- to-Child transmission during pregnancy, labour, delivery or breastfeeding.

Prevention of HIV infection is also addressed by attacking the three methods of infection discussed above. Knowledge of facts about HIV & AIDS and ones HIV status is also necessary and makes it easier to fight HIV infections. HIV awareness education and HIV Counseling and Testing, HCT should also be provided and accessed on constant basis in the fight against HIV & AIDS.

One of the best and effective ways to prevent HIV infection is to either abstain from casual sex with unknown persons or to always use condom, including female condoms and correctly too during sexual intercourse. In addition to this, early

diagnosis and treatment of sexually transmitted diseases also helps reduce the risk and exposure to HIV infections.

Secondly, the infection through blood transfusion can be prevented by making sure that all blood is screened before transfusion to a sick person. People are also advised to abstain from sharing needles and also desist from using used needles and other sharp objects like razor especially by intravenous drug users.

Lastly there are a number of steps to be taken in the prevention of mother-to-child HIV infections. One of the steps is for the mother to undergo an HIV test at the first ante natal appointment, during the third trimester and after the delivery of the baby. If the mother tests positive at any of these times, health care providers know the appropriate step to take to ensure that the child is not infected with HIV.

Besides these prevention methods, the regular use of antiretroviral drugs is also used to prevent HIV transmission. Good adherence to antiretroviral treatment can lower a person's viral load and reduce the risk of onwards HIV transmission to others.

Abstinence
Be faithful to partner/s
Condom (use everytime and correctly)

Emergency treatment to prevent HIV infection, known as post-exposure prophylaxis (PEP) is also used in the treatment of HIV infections. This is a series of antiretroviral drugs taken after potential exposure to HIV. One can always find out from ones healthcare provider the availability of PEP drugs in their health facilities.

Finally, a pre exposure HIV treatment known as pre-exposure prophylaxis (PrEP) can be taken in the face of potential exposure to HIV. One of such situations is where one partner is known to be HIV positive while one is negative of HIV (known as serodifferent couples). In this case the negative partner is placed on a PrEP drug to avoid been infected with HIV.

Above all these, people are advised to live positively and avoid all the traps that can easily lead to HIV infections. Abstinence from casual and unprotected sex is still known as the best method of prevention from infection. People are advised to stay faithful to one partner and to always use condom outside ones regular sexual partner. Be Wise! Stay Healthy! Stay HIV Negative.

Crossword Puzzle

This crossword puzzle has been designed to tease your brain and see how sharp it is. There are 12 common diseases hidden inside the table below. You can search vertically, horizontally and diagonally to find them. Enjoy the search.

M	N	O	V	X	M	B	N	X	U	V	K	R	I	R
Q	Y	A	S	T	H	M	A	A	O	P	N	C	D	Q
M	C	L	I	W	E	L	Y	M	P	H	A	T	I	C
P	T	X	S	A	I	R	G	N	M	I	E	P	U	G
Q	I	H	S	I	V	A	G	N	N	N	H	X	R	G
R	A	L	U	C	S	A	V	O	I	D	R	A	C	Q
X	E	T	T	U	S	O	M	A	L	A	R	I	A	T
S	O	W	R	H	Y	U	L	J	L	Y	A	A	F	F
D	J	R	E	V	E	A	L	U	T	S	I	F	R	Y
N	O	R	P	N	K	A	X	R	C	M	D	S	L	V
J	I	R	P	O	L	I	O	W	E	R	C	T	U	A
T	Z	U	B	P	T	Z	H	K	Q	N	E	F	G	E
B	O	T	L	B	E	H	U	V	D	N	Q	B	X	B

- ASTHMA
- CARDIOVASCULAR
- DIARRHEA
- FISTULA
- LEUKEMIA
- LYMPHATIC
- MALARIA
- MEASLES
- PERTUSSIS
- PNEUMONIA
- POLIO
- TUBERCULOSIS

PICTURE GALLERY



From left Mr. Albert Mabuyaku of Total Nigeria, Mrs. Uche Ojomo of Total E & P Nigeria Limited and Mr. Gbenga Alabi of NIBUCAA at the 2014 Round-table Meeting



Elder Mrs. Edsua Usang Chairperson, Bakassi LGA receiving the equipment & Consumables from Dr. Mrs. Nkoyo Attah of Total E & P



Dr. Nkoyo Attah, Deputy General Manager presenting the equipment to Chairman Rivers State Health Management Board



Mrs. Uche Ojomo being decorated with NIBUCAA's lapel pin by Ogbonne Mecha while Anrejuorites V. Eyenuro both of NIBUCAA looks on at the 2014 Round-table Meeting



Trained Peer Educators In Calabar



Representatives of NIBUCAA, during the training of JBN PLC Staffs In Lagos



HCT Mobile truck being used for testing at Standard Chartered Bank



Mr Gbenga Alabi of NIBUCAA facilitating at a training



**MANY
COMPANIES**

**MANY
GOALS**

**ONE
VISION**

**ONE
BRAND**

HIV!

PREVENTION IS OUR
COLLECTIVE
BUSINESS

- Is Your Workplace HIV Compliant?
- Do you have an Employee-driven workplace Policy and Programme?
- How many of your employees know their HIV status?
- Talk to us @ NiBUCAA, we are willing to assist you address these and other health-related issues in your workplace!



NiBUCAA News

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**Our business goals are diverse, but we have a common vision.
 Please come, let's work together! Will you join us?**



For more information on membership please contact:

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many companies, many goals, one vision, one brand.....NiBUCAA